

# Stinging Insect Allergy

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Allergy to the stings of insects maybe associated with mild to severe symptoms, even death. In all cases of stinging insect allergy, care should be taken to avoid future stings. Patients and other family members should understand how to administer epinephrine (adrenalin) in the event the allergic individual is re-stung. This recommendation holds true for patients on allergy injections for stinging insects.

Treatment to help raise immunity to the stings of insects is now available. All persons whose histories suggest that they be at risk to future adverse reactions in the event of a future sting may undergo skin testing to help diagnose the specific venom(s) to which they may be sensitive. Should the person be sensitive to one or more venoms then a treatment program may be started.

There is a risk that a patient might have an adverse reaction to either testing or treatment. Allergic reactions may be mild to severe, even death just as in the case of all allergic reactions. Although the chances of an adverse reaction are very low for the testing and small for the treatment, such testing and treatment will only be given with written consent of the patient or their guardian.

Each patient is asked to remain in the office for 30 minutes after testing or treatment. This is a precaution taken so that should an adverse reaction be observed, the patient will have access to treatment.

Adverse reactions of the immediate type could involve, but is not limited to, severe symptoms such as shock (very low blood pressure), wheezing, shortness of breath, rapid heart beat, tearing, sneezing, runny nose or nasal congestion diarrhea, generalized swelling of the lips, tongue, throat, arms, legs, hands or fee. Those due to an immediate reaction would be expected within 30 minutes of testing or treatment. In some cases delayed reactions may be seen up to 48 hours after testing or treatment. These are known as delayed reactions. If you feel that you have experienced a delayed reaction, please notify the office at (817) 421-0770.

It is possible, and even likely, at some point in the therapy local soreness and swelling at the injection site may be noted. You should always inform the nurse prior to

receiving future allergy shots in order to adjust your next dose accordingly.

Insurance companies usually cover this therapy. If you have any questions with regards to the expense, please contact your insurance company for your benefits and coverage.

### 5 Star!

Dr Richard Mayse  
& all the staff are  
exceptional!

— *Janice Raver*

### TRAAC Staff

The staff at Texas  
Regional Asthma and  
Allergy Center are  
standing by to help you!

If you have questions,  
need to set appointments  
or any other service  
related items, call today!

### Contact Traac

If you have questions or  
comments, please  
contact us directly! We  
welcome your  
suggestions and hope to  
make your experience  
the best it can be!

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