

Examples of meds to DISCONTINUE for allergy skin testing:

- * Allegra (fexofenadine)
- * AlleRx (blue)
- * Astelin/Astepro (azelastine) nasal spray
- * Benadryl (diphenhydramine HCL)
- * Chlor-Trimeton (chlorpheniramine)
- * Clarinex (desloratadine)
- * Claritin (loratadine)
- * Dimetapp (brompheniramine)
- * Dymista (Flonase + azelastine)
- * Palgic (carbinoxamine)
- * Patanase (olopatadine) nasal spray
- * Pazeo (olopatadine HCL)
- * Semprex (acrivastine)
- * Tavist (clemastine)
- * Xyzal (levocetirizine)
- * Zyrtec (cetirizine)
- * Pepcid (famotidine)
- * Tagament (cimetidine)
- * Zantac (ranitidine)

*****SOME PM MEDICATIONS CONTAIN AN ANTIHISTAMINE-TYLENOL, ALEVE, ETC*****

*****MANY OVER THE COUNTER (OTC) DRUGS FOR COLDS AND SLEEPING AIDS (ACTIFED, TYLENOL COLD, ADVIL COLD, TYLENOL PM, ETC.) CONTAIN ANTIHISTAMINES. IF YOU ARE UNSURE, ASK A NURSE OR YOUR PHARMACIST*****

Some other prescription and OTC drugs for depression, bipolar disorder, heart burn, and other stomach problems can affect skin test results and must be stopped. Please discuss with your physician prior to testing!!

- * Ataraz (hydroxyzine)
- * Axid (nizatidine)
- * Compazine (prochlorperazine Maleate)
- * Elavil (amitriptyline)
- * Pamelor (nortriptyline)
- * Phenergan (promethazine)
- * Remeron (mirtazapine)
- * Risperdal (risperidone)
- * Thorazine (chlorpromazine)
- * Tofranil (imipramine)

NO BETA BLOCKERS- ex: Inderal (propranolol, Tenormin (atenolol), Coreg (carvedilol), etc.

INHALERS, ASTHMA MEDICATIONS, NASAL STEROID SPRAYS, STEROIDS, AND DECONGESTANTS SHOULD BE CONTINUED EVEN ON THE DAY OF TESTING.