

# TEXAS REGIONAL ASTHMA AND ALLERGY CENTER, L.L.P.

*Board Certified specialists in allergy, asthma, immunology, and respiratory disorders*

RICHARD A. MAYSE, M.D., RENE ALBERT LEON, M.D., ALI SHAKOURI, M.D., SHARON SETH, M.D.  
900 East Southlake Blvd. Suite 300 Southlake Texas 76092  
(817) 421-0770 (Main) (817) 421-4759 or (817) 424-8431 (Fax)  
WEBSITE: www.traac.org

## Dr. Shakouri-New Patient History Form (17 & older)

Please read carefully and complete this questionnaire. Accuracy and thoroughness are essential. Please type or print answers legibly. Print this form and bring it to your new patient appointment for the physician to review with you during your visit. Check the box for the answer that pertains to your question.

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Sex: Male \_\_\_ Female \_\_\_ Married: \_\_\_ or Single: \_\_\_

Primary Race (please select from list below):

- African American
- American Indian or Alaskan Native
- Asian
- Caucasian
- Hispanic
- Native Hawaiian or other Pacific Islander

Secondary Race (if applicable, please select from list below):

- African American
- American Indian or Alaskan Native
- Asian
- Caucasian
- Hispanic
- Native Hawaiian or other Pacific Islander

How long have you lived in North Texas? \_\_\_\_\_

Parent Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Name of patient's regular or referring physician: \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Physician's Phone: \_\_\_\_\_

Who referred you to our clinic? \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Reason for your visit to the specialist?**

- Allergies:  Seasonal  All Year  
 Asthma  Cough  Sinusitis  Hives  Rash  Eczema  Food Allergy  Insect Allergy  
 Drug Allergy  Eye Allergy  Recurrent Infections  
 Others:

How long have you suffered from this problem? \_\_\_\_\_

**Past Medical History:**

- Migraines  Stroke  Diabetes  Hypertension  Heart Disease  Emphysema  Ulcers  
 Liver Disease  Kidney Disease  TB  High Cholesterol  Thyroid Disease  Cancer  
 AIDS/HIV  Arthritis  Lupus  Immune Deficiency  IBS  Sleep Apnea  Glaucoma  
 Cataracts  Acid Reflux  Hepatitis  Osteoporosis/Osteopenia  Epilepsy  Pneumonia  
 Croup  Bronchitis  Vocal Cord Dysfunction  RSV  Prostate Disease  Hiatal Hernia  
 Depression  Anxiety  
 Others:

**Past Surgical History:**

- Tonsils  Adenoids  Ear Tubes  Thyroid  Gallbladder  Appendectomy  Splenectomy  
 Nasal Polyps  Sinus Surgery  Nasal Septum Repair  Heart Surgery  Tubal Ligation  
 Hysterectomy  Back  
 Others:

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Drug Allergy- Please list all dates and reactions below:

1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- None

Insect Allergy:

Bees  Fire Ants

Please list the date(s) and approximate age at which your reaction(s) occurred as well as the nature of the reaction. Please indicate if you have had testing or injections for your reactions.

Do you carry an Epinephrine Auto-Injector (i.e.: EpiPen or AuviQ)?  Yes  No

1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- None

Food Allergy:

None  Milk  Egg  Wheat  Soy  Peanut  Tree Nut  Fish  Shellfish  
 Others:

What is the nature of your reaction(s)?

Latex Allergy:  Yes  No

What is the nature of your reaction?

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Famil History:**

Disease	Mother	Father	Brother	Sister	Other
Allergies	___	___	___	___	___
Asthma	___	___	___	___	___
Food Allergy	___	___	___	___	___
Drug Allergy	___	___	___	___	___
Eczema	___	___	___	___	___
Heart Disease	___	___	___	___	___
Diabetes	___	___	___	___	___
Liver Disease	___	___	___	___	___
Thyroid	___	___	___	___	___
Cancer	___	___	___	___	___
Arthritis	___	___	___	___	___
Lupus	___	___	___	___	___
TB	___	___	___	___	___
HIV	___	___	___	___	___
Cystic Fibrosis	___	___	___	___	___
Emphysema	___	___	___	___	___
Autoimmune Disease	___	___	___	___	___

**Social History:**

Tobacco Use? \_\_\_ Yes \_\_\_ NO

If yes, how much and how long? \_\_\_\_\_

\_\_\_ I have quit. When? \_\_\_\_\_

Alcohol consumption: \_\_\_ Never \_\_\_ Social \_\_\_ Several times per week

\_\_\_ Other habits:

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Hobbies?

Occupation?

**Environmental History:**

House  Apartment  Duplex  Mobile Home How old is the home? \_\_\_\_\_  
 Rural Area  Downtown Area  Suburban Area

Cats  Dogs  Others:

Animals sleep in bedroom?  Yes  No

Secondhand smoke exposure?  Yes  No

Carpeting in:  House  Bedroom

Ceiling fans in bedroom?  Yes  No

Water damage in house?  Yes  No

Electrostatic or HEPA Filter use?  Yes  No

Feather bedding?  Yes  No

Anti-Allergic encasement on bedding?  Yes  No

Gas Heating  Wood Burning Fireplace  
 Curtains in room  Blinds in room  Both  Other

Allergy Testing History:  No  Yes- Year: \_\_\_\_\_ Skin Test:  Blood Test:

**Allergic To:**

Animals  Dust Mite  Molds  Trees  Grasses  Weeds  
 Cockroach  Bees  Fire Ants  Foods

Allergy Shots?  Yes  No Were the allergy shots helpful?  Yes  No

Duration of treatment: \_\_\_\_\_

Home Injections?  Yes  No

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Developmental History: (For pediatric patients only)**

\_\_\_ Normal Pregnancy \_\_\_ Premature \_\_\_ Vaginal \_\_\_ C-Section \_\_\_ Term  
Birth Weight: \_\_\_\_\_ NICU: \_\_\_\_\_ Breast-Fed: \_\_\_\_\_ -Duration?: \_\_\_\_\_  
\_\_\_ Maternal Smoking \_\_\_ Normal Growth \_\_\_ Normal Development  
\_\_\_ Day Care-Hours/Week: \_\_\_\_\_ Age child started day care: \_\_\_\_\_

**Immunization History:**

Immunizations Up to Date? \_\_\_ Yes \_\_\_ No  
Missing: \_\_\_\_\_

Pneumovax: \_\_\_ Yes \_\_\_ No Year: \_\_\_\_\_

Last Influenza Vaccine: Year \_\_\_\_\_

**Gynecological History:**

Last menstrual period: \_\_\_\_\_ Method of birth control: \_\_\_\_\_

Are you pregnant? \_\_\_ Yes \_\_\_ No  
During previous pregnancies my asthma became: \_\_\_ Better \_\_\_ Worse \_\_\_ Unchanged  
Are you planning on becoming pregnant in the next 6 months? \_\_\_ Yes \_\_\_ No

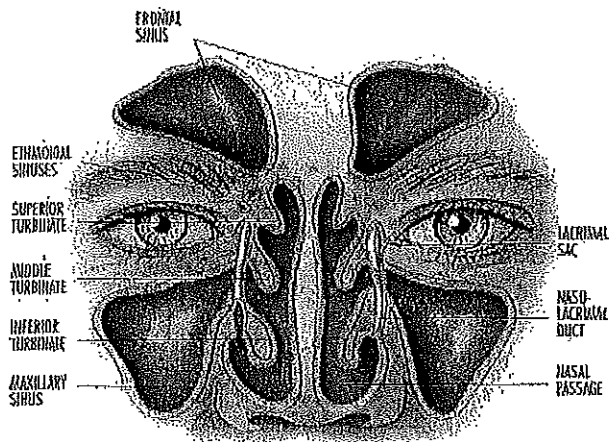
\_\_\_ Does not pertain to me.

**Allergy and Asthma Triggers:**

\_\_\_ Aspirin Products \_\_\_ Chemicals \_\_\_ Colds/Flu \_\_\_ Dust \_\_\_ Emotion/Stress \_\_\_ Exercise  
\_\_\_ Foods \_\_\_ Humidity \_\_\_ Menstrual Cycle \_\_\_ Mold \_\_\_ Ozone \_\_\_ Perfumes \_\_\_ Pets  
\_\_\_ Pollen \_\_\_ Seasons \_\_\_ Sinus Infections \_\_\_ Temp/Weather Changes \_\_\_ Tobacco  
\_\_\_ Others:

**Review of Systems:**

Please circle the areas of the face where you are having problems:



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Head: \_\_\_ Facial Pressure \_\_\_ Headaches

Eyes: \_\_\_ Itching \_\_\_ Burning \_\_\_ Tearing \_\_\_ Dryness \_\_\_ Discharge \_\_\_ Swelling

Ears: \_\_\_ Itching \_\_\_ Fullness \_\_\_ Pain \_\_\_ Popping \_\_\_ Hearing Loss \_\_\_ Frequent Infections  
\_\_\_ Draining (external)

Nose: \_\_\_ Itching \_\_\_ Sneezing \_\_\_ Congestion \_\_\_ Snoring \_\_\_ Decreased Smell  
\_\_\_ Runny Nose- Type: \_\_\_ Clear \_\_\_ Colored \_\_\_ Nasal Polyps \_\_\_ Recurrent sinus infections  
Most recent CT of the sinuses: \_\_\_\_\_ Normal \_\_\_ or Abnormal \_\_\_

Throat: \_\_\_ Post Nasal Drainage \_\_\_ Pain \_\_\_ Recurrent Infections \_\_\_ Foul Breath  
\_\_\_ Thrush \_\_\_ Itching roof of mouth

Chest: \_\_\_ Cough- Frequency: \_\_\_\_\_ Wheeze- Frequency: \_\_\_\_\_  
\_\_\_ Nighttime cough or wheeze- Frequency: \_\_\_\_\_  
\_\_\_ Chest Pain/Tightness \_\_\_ Shortness of Breath \_\_\_ Rest \_\_\_ During Exertion  
\_\_\_ Sputum Production: \_\_\_ Colored \_\_\_ Blood \_\_\_ Dry Cough  
\_\_\_ Recurrent Bronchitis-Frequency: \_\_\_\_\_  
\_\_\_ Recurrent Pneumonia-Frequency: \_\_\_\_\_  
Last Chest X-Ray: \_\_\_\_\_ Normal: \_\_\_ or Abnormal: \_\_\_

Abdomen: \_\_\_ Pain- Location: \_\_\_\_\_  
\_\_\_ Nausea \_\_\_ Vomiting \_\_\_ Diarrhea \_\_\_ Constipation \_\_\_ Blood in stool

Skin: \_\_\_ Eczema- Age of Onset: \_\_\_\_\_ Location: \_\_\_\_\_

\_\_\_ Hives-Type: \_\_\_ Red \_\_\_ Raised \_\_\_ Itchy \_\_\_ Painful \_\_\_ Bruise \_\_\_ Burn/Sting  
Duration of hives in a single location: \_\_\_ Less than 24 hours \_\_\_ More than 24 hours  
Are they associated with swelling?: \_\_\_ Yes \_\_\_ No  
Have you had a skin biopsy?: \_\_\_ No \_\_\_ Yes- When? \_\_\_\_\_ What were the results? \_\_\_\_\_  
Where? \_\_\_ Lips \_\_\_ Eyes \_\_\_ Tongue \_\_\_ Throat \_\_\_ Hands \_\_\_ Feet Other: \_\_\_\_\_

Extremities- Swelling in: \_\_\_ Hands \_\_\_ Feet \_\_\_ Legs

Miscellaneous Symptoms: \_\_\_ Fever \_\_\_ Chills \_\_\_ Fatigue \_\_\_ Night Sweats  
\_\_\_ Headache- Location: \_\_\_\_\_ Heat/Cold Intolerance  
\_\_\_ Sinus Pressure \_\_\_ Bloody Nose \_\_\_ Blurred Vision \_\_\_ Swollen Neck Glands  
\_\_\_ Joint Pain \_\_\_ Ankle swelling \_\_\_ Loss of consciousness \_\_\_ Heart Palpitations  
\_\_\_ Burning during urination \_\_\_ Blood during urination  
\_\_\_ Weight Loss-Amount: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Previously Diagnosed Asthmatics Complete the Following Section**

Age of Onset: \_\_\_\_\_ Symptoms are Seasonal:  No  Yes- When? \_\_\_\_\_ All Year Long?: \_\_\_\_\_  
 Hospitalized ICU?  Yes  No

Date of last ER visit: \_\_\_\_\_ Last Hospitalization: \_\_\_\_\_ Duration: \_\_\_\_\_

Frequency of my Asthma:  1-2 times/week  2-6 times/week  Daily  Occasional

Night Symptoms:  Never  Less than 2 times/month  2-4 times/month  2-4 times/week  
 Every Night

Exercise Symptoms:  Never  Sometimes  Always

How many days of school or work have you missed in the last 12 months because of asthma? \_\_\_\_\_

How often do you use a rescue inhaler? (i.e. Albuterol)  Less than 2 times/week  2-4 times/week  
 2-4 times/month  Daily

How often do you refill your rescue inhaler? (i.e. Albuterol) \_\_\_\_\_

When was the last time you took oral steroids? (i.e. Prednisone) \_\_\_\_\_

I Do  I Do Not  have a Peak Flow Meter. If so, my personal best measurement is: \_\_\_\_\_



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Medication List (please list ALL of your current medication(s) including dose and frequency)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

Please list prior medications for your chief complaint and if the medication was helpful or not helpful.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Patient Information Form  
TEXAS REGIONAL ASTHMA & ALLERGY CTR

Appt Date/Time:

Appt Provider:

Chart #

Appt Comments:

**Patient Information**

First Name	Middle Initial	Last Name		
Address	Address Line 2	City	State	Zip Code
Email	Preferred Language	SSN	Date of Birth	
Driver's License	State	Primary Phone	Phone Type	Secondary Phone Phone Type
Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	Marital Status	Ethnicity <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Not Hispanic/Latino <input type="checkbox"/> Declined		
Race <input type="checkbox"/> White <input type="checkbox"/> Black or African American	<input type="checkbox"/> American Indian or Alaskan Native	<input type="checkbox"/> Asian	<input type="checkbox"/> Native Hawaiian or Other Pacific Islander	<input type="checkbox"/> Hispanic <input type="checkbox"/> Declined
Employer Name	Employer Phone			

Emergency Contact Name	Emergency Contact Phone	Relationship to Patient
Referring Physician	Primary Care Physician	

**Insurance Information**

Primary Insurance	Member #	Group #		
Primary Insured Name	SSN	Relationship	Date of Birth	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female
Secondary Insurance	Member #	Group #		
Primary Insured Name	SSN	Relationship	Date of Birth	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female

**Financial Responsibility Information**

Responsible Party Name	SSN	Relationship to Patient	Primary Phone	
Address	Address Line 2	City	State	Zip Code

**Preferred Pharmacy**

Pharmacy Name	Pharmacy Phone	Pharmacy Address
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I agree to pay for all services rendered whether or not paid by my insurance. If applicable, I agree to pay my co-payment and/or deductible & out-of-pocket at the time of service. I understand that I will be held fully responsible for any services deemed as non-covered or denied by my health insurance company.

I understand that I may make payment in the form of cash, check, or credit card (Mastercard, VISA, or Discover). I understand that my failure to make payment will result in future collection proceedings (\$15 service fee will be applied). I understand that there is a \$35.00 service fee on all returned checks.

I understand that I am welcome to contact the business office of Texas Regional Asthma & Allergy Center (TRAAC) to discuss any questions relating to my account.

I understand that TRAAC requires a 1 business day notification of cancellation for appointments & procedures. TRAAC's policy is to charge \$25.00 for no shows or late cancellations (subject to extenuating circumstances).

I certify I am 18 years of age/or the legal guardian of the patient. If I am the legal guardian/guarantor, I understand that I am financially responsible for the patient.

I assign insurance benefits and authorize treatments to be rendered by TRAAC.

I agree to release all such medical information that may be necessary to insure payment of my insurance claim(s).

I agree to notify TRAAC of any changes in my insurance status prior to treatment or I will be fully responsible for services rendered.

I further agree that a photocopy of this agreement shall be as valid as the original.

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Date: \_\_\_\_\_

Patients Name: \_\_\_\_\_

Signature of Patient/Legal Guardian: \_\_\_\_\_

TRAAC Facsimile Authorization Form

I, the undersigned, authorize TRAAC to send/receive confidential healthcare information as that term is defined by HIPAA (Health Insurance Portability and Accountability Act of 1996, 45 C.F.R., Parts 160-164) by facsimile to healthcare providers, hospitals, laboratories, and other medical caregivers in the necessary coordination of care for the patient listed below.

I may revoke this authorization by giving TRAAC five (5) days written notice. This revocation may be facsimile transmission; however a written copy of the revocation must be mailed to TRAAC as well.

Patient Name: \_\_\_\_\_

Signature of Patient or Parent of Minor: \_\_\_\_\_

Contact Information

Where can you be reached during business hours:    Home             Work             Cell

May we contact you at home?    YES    NO

May we contact you at your place of business?    YES    NO

Leave Message:

Voicemail / Answering Machine    YES    NO

Family Member                             YES    NO

May we contact you via email?    YES    NO    Email address: \_\_\_\_\_

May we contact you via text message? (for appointment reminders only)    YES    NO

I hereby give permission to TRAAC to disclose any information related to my medical conditions to / with the following members ( relatives, or close personal friends ):

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

I do/do not wish to give permission for any family members, relatives, or close personal friends to have access to any information regarding my medical conditions:

I do NOT wish to give permission

I DO give permission to the above name(s)

Signature of Patient or Parent of Minor: \_\_\_\_\_ Date: \_\_\_\_\_

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## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I \_\_\_\_\_ acknowledge that I have received a copy of TEXAS REGIONAL ASTHMA & ALLERGY CENTER's "Notice of Privacy Practices". This notice describes how **TEXAS REGIONAL ASTHMA AND ALLERGY CENTER** may use and disclose my protected health information, certain restrictions on the use and disclosure of my health information, and rights I may have regarding my protected health information.

\_\_\_\_\_  
(Signature of Patient or Personal Representative)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Relationship to patient)

DISCLOSURE OF PHYSICIAN OWNERSHIP

NOTICE TO PATIENTS

Please carefully review the information contained in this notice:

- Rene A. Leon, M.D., Richard A. Mayse, M.D., and Ali Shakouri, M.D., are owner/investors of Methodist Southlake Hospital, in Southlake, Texas.
- You have the right to choose the provider of your healthcare services. Therefore, you have the option to use a healthcare facility other than Methodist Southlake Hospital, in Southlake, Texas.
- You will not be treated differently by your physician if you choose to obtain healthcare services at a facility other than Methodist Southlake Hospital, in Southlake, Texas.

If you have any questions concerning this notice, please feel free to ask your physician or any representative of Methodist Southlake Hospital, in Southlake, Texas.

By signing this Disclosure of Physician Ownership, you acknowledge that you have read and understand the foregoing notice and understand that your physician has an ownership interest in Methodist Southlake Hospital, in Southlake, Texas.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Signature of Parent or Guardian  
(if applicable)

\_\_\_\_\_  
Print Name of Patient

\_\_\_\_\_  
Print Name of Parent or Guardian  
(if applicable)

Date: \_\_\_\_\_